



Park Avenue Base: Park Avenue, Staines upon Thames, Middlesex TW18 2EF
Knowle Green Base: Knowle Green, Staines upon Thames, Middlesex TW18 1AJ

Telephone: 01784 227960

Fax: 01784 463793

E-mail: office.riverbridge@lumenlearningtrust.co.uk

Website: www.riverbridgeprimary.co.uk

Headteacher: Mr P Grimwood BA (Hons); NPQH
Executive Principal: Mrs M E McCarthy MA; Ed.M

Tuesday 4th January 2022

Management of Covid

Dear Families,

Welcome back and Happy New Year!

As we return to school, we are still facing yet more challenges due to Covid 19. As you will all be aware, there has been updated guidance for England and we are currently following Plan B in response to the pandemic and the risks of the Omicron variant in particular.

We will continue to follow all guidance for schools and will aim to ensure that any disruption to the children's education is minimised. We do, however, anticipate that there will be challenges around staffing. We will continue to be transparent with the school community regarding this and will endeavour to keep things running as smoothly as possible in the weeks to come. Thank you in advance for your understanding here.

The school will continue to follow the expectations around hand hygiene and ventilation and staff will continue to wear masks around the school building (though not in classrooms).

As parents, can we remind you about the following national Covid expectations:

If you have symptoms or test positive using a LFD test:

If you develop [COVID-19 symptoms](#), self-isolate immediately and [get a PCR test](#), even if your symptoms are mild. This is because many people experience mild symptoms from COVID-19, but may still pass on the virus to others.

The most important symptoms of COVID-19 are recent onset of any of the following:

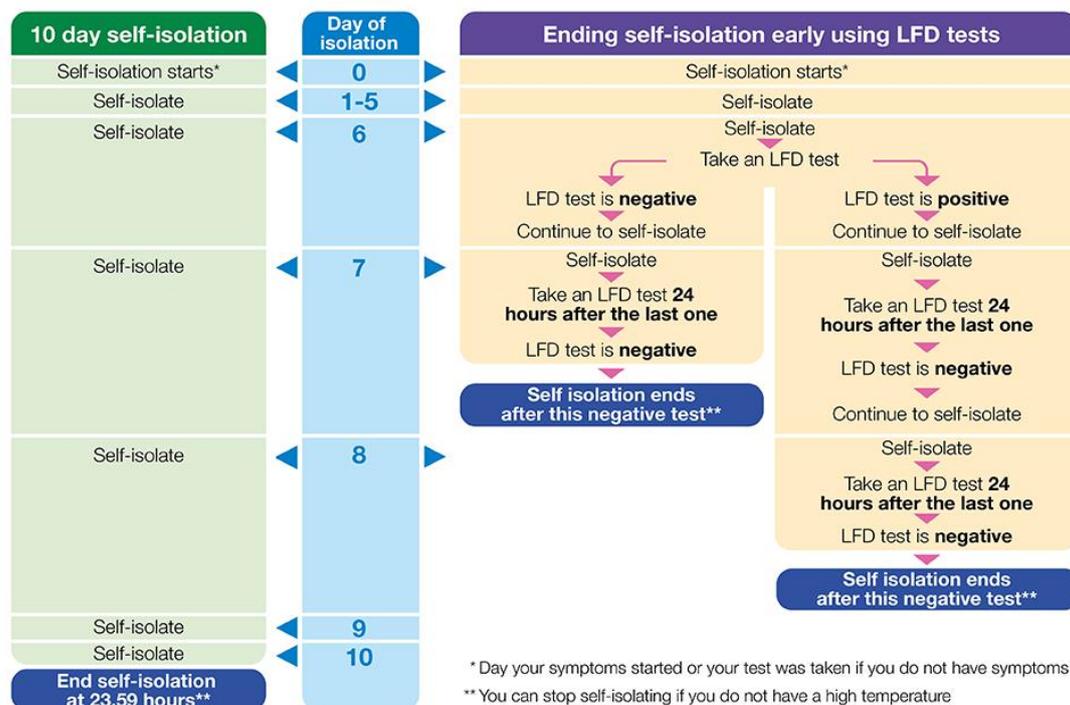
- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell

You should self-isolate at home while you [get a PCR test](#) and wait for the results. You must self-isolate if you test positive. You must self-isolate from the day your symptoms started and the next 10 full days, or from the day your test was taken if you do not have symptoms and the next 10 full days. This is the law, regardless of whether you have been vaccinated.

Self-Isolation:

You may be able to end your self-isolation period before the end of the 10 full days. You can take a daily LFD test from the sixth day of your isolation period, and another LFD test on the following day. The second LFD test should be taken at least 24 hours later. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result. You should not take an LFD test before the sixth day of your isolation period, and you should only end your self-isolation following 2 consecutive negative LFD tests which should be taken at least 24 hours apart.

Please see the chart below which summarises the above information.



Self-Isolation Exemptions:

You're [not required to self-isolate](#) if you live in the same household as someone with COVID-19, or are a close contact of someone with COVID-19, and any of the following apply:

- you're fully vaccinated
- you're below the age of 18 years and 6 months
- you've taken part in or are currently part of an approved COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

If you are aged 5 years and over and have been identified as a contact of someone with COVID-19, and you are not legally required to self-isolate, you are now strongly advised to:

- take a lateral flow test every day for 7 days
- take this daily lateral flow test before you leave your home for the first time that day

If any of these lateral flow tests are positive, you should immediately self-isolate in order to protect other people.

[NHS Test and Trace will contact you](#) to let you know that you have been identified as a contact and check whether you are legally required to self-isolate.

If you have previously received a positive COVID-19 PCR test result, you are not usually advised to be re-tested within 90 days of this result.

However, you should have a PCR test within 90 days of a previous positive PCR test if you develop any new symptoms of COVID-19 or you are required to take a PCR test upon entry into the UK.

If you are tested within 90 days of a positive PCR test result for either of these reasons, and the PCR test result is positive, you must self-isolate and follow the [stay at home guidance](#).

You can find further [guidance for household contacts](#) and [guidance for non-household contacts](#) of people with confirmed COVID-19 infections.

We hope the above is useful. If you require any further information, please email the school office. Thank you in advance for your continued support in this matter.

Yours sincerely,

Mr Paul Grimwood
Co-Headteachers

Sian McCarthy