

Lumen Learning Trust - Week 2 Menu Oct 2020 (Riverbridge)

Dish Name	Cereals	Conta Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Gluten (Oats)	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Soya and Soy	Sesame Seeds	Milk	Eggs	Celery and Cel	Lupin	Mustard	Sulphites
FFL - BBQ Vegetable and Mixed Bean Wrap* C	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL - Custard addition* C	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL All day breakfast (bacon)* C	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N
FFL Apple Crumble#	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Banana traybake* C	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N
FFL carrots* C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Cheese and Baked Bean Puff* C	Y	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL Cheese and Tomato Pizza (with Potato Wedges)* C	Y	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL Chicken Curry* C	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL Cinnamon Oaty Cookie#	Y	N	Y	N	Y	N	N	N	N	N	N	N	M	Y	N	N	N	N
FFL Coleslaw	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N
FFL cucumber	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Fish fingers and chips#	Y	N	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
FFL Fruit Salad#	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Ham Pizza With Potato Wedges#	Y	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL Jacket Potato Plain#	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Jacket potato with beans and cheese#	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL Jacket potato with beans#	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Jacket potato with cheese#	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL Jacket potato with coleslaw#	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N
FFL Jacket potato with tuna mayonnaise#	N	N	N	N	N	N	N	Y	N	N	N	N	N	Y	N	N	N	N
FFL Roast Turkey with Roast Potatoes and Gravy#	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Seasonal Vegetable #	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL sweetcorn#	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL tomato	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Vanilla Ice Cream#	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
FFL Vegetable Fingers and Chips#	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
FFL Veggie Mince Pasta Bolognese#	Y	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N